

COMMUNION MEDITATION

WHAT WONDROUS LOVE IS THIS?

WONDROUS LOVE

1. What won-drous love is this, O my soul, O my  
2. To God and to the Lamb I will sing, I will  
3. And when from death I'm free, I'll sing on, I'll sing

1. soul? What won-drous love is this, O my soul? What  
2. sing; To God and to the Lamb, I will sing; To  
3. on; And when from death I'm free, I'll sing on; And

1. won-drous love is this that caused the Lord of  
2. God and to the Lamb, who is the great I  
3. when from death I'm free, I'll sing and joy - ful

1. bliss To bear the dread-ful curse for my soul, for my  
2. AM, While mil-lions join the theme, I will sing, I will  
3. be, And through e - ter - ni - ty, I'll sing on, I'll sing

1. soul, To bear the dread-ful curse for my soul?  
2. sing; While mil-lions join the theme, I will sing.  
3. on! And through e - ter - ni - ty, I'll sing on.

Text: 12 9 12 12 9; anon.; first appeared in *A General Selection of the Newest and Most Admired Hymns and Spiritual Songs*, 1811, adapt. Music: William Walker's *The Southern Harmony*, 1835.

COMMUNION MEDITATION

GOD SO LOVED THE WORLD  
(10 AM & 5 PM) (CHILCOTT)

FOR GOD SO LOVED THE WORLD THAT HE GAVE HIS ONLY SON, SO  
THAT EVERYONE WHO BELIEVES IN HIM MIGHT NOT PERISH BUT MIGHT  
HAVE ETERNAL LIFE” (JOHN 3:16)



ST. MICHAEL THE ARCHANGEL PRAYER

Saint Michael the Archangel, defend us in battle. Be our protection  
against the wickedness and snares of the devil; may God rebuke him,  
we humbly pray. And do Thou, O Prince of the heavenly host, by the  
power of God, cast into hell Satan and all the evil spirits who prowl  
about the world seeking the ruin of souls. Amen.

RECESSIONAL HYMN

TAKE UP YOUR CROSS

ERHALT UNS, HERR

1. Take up your cross, the Sav - ior said, If  
2. Take up your cross, be not a - shamed! Let  
3. Take up your cross, which gives you strength, Which  
4. Take up your cross, and fol - low Christ, Nor

1. you would my dis - ci - ple be; De - ny your - self, the  
2. not dis-grace your spir - it fill! For God him - self en -  
3. makes your trem-bling spir - it brave: 'Twill guide you to a  
4. think till death to lay it down; For on - ly they who

1. world for - sake, And hum - bly fol - low af - ter me.  
2. dured to die Up - on a cross, on Cal - vary's hill.  
3. bet - ter home And lead to vic - t'ry o'er the grave.  
4. bear the cross May hope to wear the glo - rious crown.

Text: LM; C.W. Everest, 1814-1877, alt. © 1977, OCP Publications. All rights reserved.  
Music: J. Klug's *Geistliche Lieder*, 1543.

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get started!



THE CO-CATHEDRAL OF ST. THOMAS MORE

Exaltation of the Holy Cross

September 14, 2025

ENTRANCE ANTIPHON

LET OUR GLORY BE IN THE CROSS OF OUR  
LORD JESUS CHRIST; IN HIM WE HAVE SALVA-  
TION, LIFE AND RESURRECTION; THROUGH  
HIM WE ARE RESCUED AND SET FREE.

PROCESSIONAL HYMN

LIFT HIGH THE CROSS

CRUCIFER

Refrain

Lift high the cross, the love of Christ pro-claim till all the world a-dore

Verses

his sa - cred name. 1. Led on their way by this tri - um-phant  
2. Each new-born ser - vant of the Cru - ci -  
3. O Lord, once lift - ed on the glo-rious  
4. So shall our song of tri-umph ev - er

to Refrain

1. sign, The hosts of God in con-queing ranks com-bine.  
2. fied Bears on the brow the seal of him who died.  
3. tree, As thou hast prom-ised, draw the world to thee.  
4. be: Praise to the Cru - ci - fied for vic - to - ry!

Text: 10 10 with refrain; 1 Corinthians 1:18; George Kitchin, 1827-1912;  
alt., by Michael R. Newboldt, 1874-1956. Music: Syndney Hugo Nicholson, 1875-1947.  
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KYRIE

MASS OF THE IMMACULATE CONCEPTION

Cantor:

Assembly:

Lord,\_\_\_ have mer - cy. Lord,\_\_\_ have mer - cy.

Cantor:

Assembly:

Christ,\_\_\_ have mer - cy. Christ,\_\_\_ have mer - cy.

Cantor:

Assembly:

Lord,\_\_\_ have mer - cy. Lord,\_\_\_ have\_\_\_ mer - cy.

GLORIA

MASS OF ANGELS AND SAINTS

LITURGY OF THE WORD

FIRST READING NM 21:4B-9

With their patience worn out by the journey, the people complained against God and Moses, "Why have you brought us up from Egypt to die in this desert, where there is no food or water? We are disgusted with this wretched food!"

In punishment the LORD sent among the people saraph serpents, which bit the people so that many of them died. Then the people came to Moses and said, “We have sinned in complaining against the LORD and you. Pray the LORD to take the serpents from us." So Moses prayed for the people, and the LORD said to Moses, "Make a saraph and mount it on a pole, and if any who have been bitten look at it, they will live." Moses accordingly made a bronze serpent and mounted it on a pole, and whenever anyone who had been bitten by a serpent looked at the bronze serpent, he lived.

The Word of the Lord. R. Thanks be to God

R. Do not for - get the works of the Lord!

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Music: Owen Alstott, © 1977, 1990, OCP. All rights reserved.

SECOND READING PHIL 2:6-11

Brothers and sisters: Christ Jesus, though he was in the form of God, did not regard equality with God something to be grasped. Rather, he emptied himself, taking the form of a slave, coming in human likeness; and found human in appearance, he humbled himself, becoming obedient to death, even death on a cross. Because of this, God greatly exalted him and bestowed on him the name that is above every name, that at the name of Jesus every knee should bend, of those in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

The Word of the Lord. R. Thanks be to God

R. Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

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GOSPEL + JN 3:13-17

Jesus said to Nicodemus: "No one has gone up to heaven except the one who has come down from heaven, the Son of Man. And just as Moses lifted up the serpent in the desert, so must the Son of Man be lifted up, so that everyone who believes in him may have eternal life." For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him.

The Gospel of the Lord. R. Praise to you, Lord Jesus Christ.

LITURGY OF THE EUCHARIST

OFFERTORY CHRISTIANS, LET US LOVE ONE ANOTHER

PICARDY

1. Chris-tians, let us love one an - oth - er, As we share the  
2. We who break this bread are one bod - y, We who share this  
3. We who eat and drink at this ta - ble Die and rise a -  
4. On the path of life we may fal - ter, Earth-ly food a -  
5. Wheat and grape in - car - nate a mys - t'ry: Je - sus is the  
6. Je - sus is the vine, we the branch - es; We are grains of

1. true liv - ing bread. Je - sus is our God and our  
2. cup are all one. Chil - dren of our Fa - ther in  
3. gain with our Lord. Draw - ing from our Rock liv - ing  
4. lone leaves us weak; Al - ways you in - vite from the  
5. true liv - ing bread. Let us eat with joy and thanks-  
6. wheat, Christ the bread. Those who eat this bread live for -

1. broth - er; With his flesh and blood we are fed.  
2. heav - en, We are heirs with God's on - ly son.  
3. wa - ter Giv'n to all who thirst for ac - cord.  
4. al - tar, "Hun - gry souls their food here must seek."  
5. giv - ing, Trust-ing in the word he has said.  
6. ev - er, One with Christ, our Lord and our Head.

Ev - 'ry-one who

1-6. loves is born of God. Je - sus is our life. God is love.

Text: 98 98 98; © 1973, Claudia Foltz, SNJM, and Armand Nigro, SJ. Published by OCP. All rights reserved.  
Music: French Carol, 17th cent.; Chansons populaires des Provinces de France, 1860.

SANCTUS

MEMORIAL ACCLAMATION

GREAT AMEN

MASS OF ANGELS AND SAINTS

MASS OF ANGELS AND SAINTS

MASS OF ANGELS AND SAINTS

LAMB OF GOD MASS OF THE IMMACULATE CONCEPTION

Lamb of God, you take a-way the sins of the world: have mer-cy on us.

Lamb of God, you take a-way the sins of the world: have mer-cy on us.

Lamb of God, you take a-way the sins of the world: grant us peace.

COMMUNION ANTIPHON BY THE SIGN OF THE CROSS, DELIVER US FROM OUR ENEMIES, O LORD OUR GOD.

COMMUNION HYMN PANIS ANGELICUS

SACRIS SOLEMNIIS

1. Pa - nis an - gé - li - cus, fit pa - nis hó - mi - num,  
2. Te, tri - na Dé - i - tas ú - na - que, pó - sci - mus,  
1. Ho - ly and liv - ing bread, won - drous food from heav - en sent,  
2. God, ho - ly Three - In - One, through this off - 'ring of your Son

1. Dat pa - nis cáe - li - cus fi - gú - ris tér - mi - num.  
2. Sic nos tu ví - si - ta, sic - ut te có - li - mus;  
1. God's sac - ri - fice fore - told—now in our hands we hold.  
2. All now on earth can see what we are called to be:

1. O res mi - rá - bi - lis man - dú - cat Dó - mi - num,  
2. Per tu - as sé - mi - tas duc nos quo tén - di - mus,  
1. Sign and re - al - i - ty, chal - lenge for us to be  
2. Hope for a world in need, signs that love can suc - ceed

1. Pau - per, ser - vus, et hú - mi - lis.  
2. Ad lu - cem quam in - há - bi - tas.  
1. Hum - ble ser - vants to all the poor.  
2. Where true jus - tice and peace en - dure.

Latin text: Thomas Aquinas, 1227-1274. English text: Owen Alstott, © 2001, OCP Publications.  
All rights reserved. Music: Louis Lambillotte, SJ, 1796-1855.

